



WRITTEN QUIZ

Procedures Handbook 4300

WHAT TO DO IF LOST

NAME: _____

DATE: _____

POINTS

1. List at least two ways to avoid getting lost.

_____ 10
_____ 10

2. List three (3) things to do if lost.

_____ 10
_____ 10
_____ 10

3. If injured you should:

_____ 10

4. What do you do if no one knows you are missing?

_____ 10

5. How do you use a watch and the sun to find direction?

_____ 10

6. Define the universal distress signal.

_____ 10

7. Explain how to locate the North Star.

_____ 10

POINTS POSSIBLE: 100

4306.20



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WHAT TO DO IF LOST

POINTS DEDUCTED:

FINAL SCORE:

4306.20



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WHAT TO DO IF LOST

KEY

POINTS

1. List at least two ways to avoid getting lost.

TELL OTHERS BEFORE YOU LEAVE, STUDY THE AREA 10
BEFORE YOU LEAVE, WHILE TRAVELING WATCH FOR
LANDMARKS - HOW WILL THEY LOOK ON RETURN 10
Ref: TLP. Pg. 2, sect. I,
2. List three (3) things to do if lost.

LET YOUR CREW FIND YOU 10

STAY PUT 10

USE THE UNIVERSAL DISTRESS CALL 10
Ref: TLP. Pg.2, sect. II
3. If injured you should:

CHOOSE A CLEAR SPOT/TOP OF OPEN POINT SIGNAL CAN 10
BE SEEN FROM AIR
Ref: TLP. Pg. 2, sect. II
4. What do you do if no one knows you are missing?

REMAIN CALM, SIT DOWN, TAKE IT EASY, REASON - 10
MENTALLY TRACE YOUR WAY BACK TO POINT YOU
DEFINITELY KNOW YOU WERE
Ref: TLP. Pg. 3, sect. IV
5. How do you use a watch and the sun to find direction?

POINT THE HOUR HAND AT SUN, USING STANDARD TIME. 10
1/2 WAY BETWEEN HOUR HAND & 12 O'CLOCK IS SOUTH
Ref: TLP. Pg. 4, sect. IV-I
6. Define the universal distress signal.

A SIGNAL REPEATED THREE TIMES AT FREQUENT 10
INTERVALS
Ref: TLP, Pg. 2, sect. II, D

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WHAT TO DO IF LOST

KEY

POINTS

7. Explain how to locate the North Star.

FOLLOW TWO STARS ON THE BOWL OF THE BIG DIPPER TO THE STAR ON THE END OF THE HANDLE OF THE LITTLE DIPPER. THIS IS THE NORTH STAR.

10

Ref: TLP. Pg. 4, sect. V

POINTS POSSIBLE: 100

POINTS DEDUCTED:

FINAL SCORE:

4306.20